



Board and Leadership Training: Part Two – Spiritual and Emotional Maturity

*Sponsored by
Unity Worldwide Ministries Eastern Region and Southeast Region
Facilitated by Revs. Pat Bessey and Beth Head*

Spiritual maturity refers to the state of a person's development in their understanding, connection, and alignment with their spiritual beliefs and values. It involves a deepening awareness of one's purpose, the cultivation of inner peace, and the ability to navigate life's challenges with wisdom, compassion, and a sense of interconnectedness. Emotional Maturity: Emotional maturity, also known as emotional intelligence, denotes an individual's capability to recognize, understand, and manage their own emotions effectively. It extends to the ability to empathize with others, navigate social relationships, and handle challenging situations with resilience and composure.

**Wednesday, August 14, 10:30 am to 12:30 pm
Thursday, August 22, 6:30 pm to 8:30 pm**

Eastern Region participants go to www.unityeasternregion.org/21stCentury to register

Southeast Region Participants go to <https://seunity.breezechms.com/form/89a249> to register

Registration is a two-step process – register and pay \$75 for your ministry/send the link to each individual who wishes to attend/they register at no cost to receive their personalized link.
Scholarships available: Contact ministryconsultant@unityeasternregion.org or revbethdh@aol.com