

UNITY EASTERN REGION PRESENTS

MIND-BODY-SPIRIT

YOU

SPRING RALLY Friday April 25-Sunday April 27, 2025

For high school
age teens, YOU
sponsors, parents,
chaperones and
Ministers



DAILY ACTIVITIES: CONNECTION / FAMILY GROUPS
PRAYER & MEDITATION / JOY SONGS / GODWALKS
SPIRITUAL GROWTH / FREETIME ACTIVITIES / NATURE

Early-Bird
Registration opens
February 15th.
\$225.00

Where:

YMCA Camp Tockwogh
24370 Still Pond Rd
Worton, MD 21678

Email Janell Renshaw at youthconsultant@unityeasternregion.org or visit
our website at www.unityeasternregion.org to learn more and to register

REGISTRATION FORMS AND INFORMATION FOR PARTICIPANTS

Unity Worldwide Ministries Eastern Region Presents YOU Spring Rally 2025

April 25th-27th, 2025
5 PM FRIDAY—NOON SUNDAY

For high school age teens, YOU sponsors, parents, chaperones and Ministers
YMCA Camp Tockwogh, MD
On the Eastern shore of the Chesapeake Bay near Worton, MD

- **Early Bird Registration opens February 15th to March 16th \$225.00**
- **Regular Registration March 17th-April 6th \$245.00**
- **Registration closes April 6th**
- **No registrations or payments can be accepted after April 6th, 2025**
- **No refunds after March 16th, 2025**

During this retreat participants will experience:

- **A welcoming environment of love and acceptance**
- **Spiritual growth & transformation**
- **Fun & engaging large & small group activities**
- **Prayer, meditation, campfire vespers & silent Godwalk**
- **Music throughout the weekend**
- **All activities led by teens including “Truth Talk” Lessons**
- **Free time activities such as nature walks, climbing wall, archery and basketball**
- **A beautiful setting on the Chesapeake Bay**

Registration available at www.unityeasternregion.org

Registration is online only, by chapter. Chapter registration must be signed and approved by the Minister, Youth and Family Director and attending sponsor. Individual registrations will be refused. After Chapter registration is complete each participant will receive a link to complete their individual registration online. Individual registrations must be completed by participant for registration to be valid.

Contact Janell Renshaw, youthconsultant@unityeasternregion.org or 407-466-9388

INFORMATION ABOUT RALLY

WHO MAY ATTEND?

Eastern region YOU'ers, sponsors, ministers, teachers, youth ed directors, parents and chaperones are all invited to join in a weekend of fellowship, fun, and Spiritual growth. YOUers must be in grades 9,10,11 or 12 or equivalent, with a minimum age of 14 and a maximum age of 19; or, if not in high school, a maximum age of 18. Teens must be accompanied to Rally by a ministry-approved adult 25 years or older of the same gender as the teen(s). Any exceptions must be approved by the Regional Consultant.

All Adults attending must submit a copy of a national background screen within last 3 years with their registration if it has not been previously provided.

WHERE IS THE RALLY?

Rally is at YMCA Camp Tockwogh on the eastern shore of the Chesapeake Bay. The address is: 24370 Still Pond Neck Rd, Worton, MD. Phone: (410) 348-6000. Please note that while our group often has the camp to itself, it is also not uncommon to share the camp and dining hall with other youth groups and their adult chaperones.

GENERAL INFORMATION:

- Check-in will be from 5:00 to 6:00 PM Friday. Please arrive during that time period so that your chapter will not miss the important 6:30 pre-Rally meetings and opening activities at 7:00pm.
- **Friday Dinner is included** - Please arrive by 5:00 pm to participate in dinner.
- ALL PERSONS registering for the Rally are committing to be in attendance for the ENTIRE WEEKEND, arriving at the camp on Friday afternoon and staying through the closing on Sunday.
- Rally will end at about Noon on Sunday. Most Rally participants meet for Sunday lunch after Rally at a nearby Pizza restaurant if you so choose. Please bring cash for Love Offering and optional Sunday lunch.

WHAT TO BRING?

Sleeping Bag, Blankets, Bed Linens, Towel, Washcloth, Toiletries, Comfortable Casual Clothes, Jacket and Raingear, Closed Toe Shoes, Flashlight & Batteries, Sporting Gear (Optional): Basketball, Frisbee, Football, Soccer Ball, Regional Love Offering for Sunday Service and small amount of expense money.

- Please leave Valuables, Skateboards, Squirt Guns, Electronic Games/devices, computers at home.
- Neither the Rally Leadership, Region or Camp Tockwogh will be responsible for lost or stolen items.

FEES, PAYMENTS AND DUE DATES: Registration is online only, by Chapter. Chapter registration must be signed and approved by Minister, Youth and Family Director and attending sponsor. Individual registrations will be refused. After Chapter registration is complete each participant will receive a link to complete their individual registration online. Individual registrations must be completed by participant for registration to be valid.

Register by Chapter Online at www.unityeasternregion.org

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QUESTIONS? Janell Renshaw Youth Consultant youthconsultant@unityeasternregion.org

YOU'ERS & SPONSOR REGISTRATION FORMS

STEP 1

THE FOLLOWING FORMS ARE TO BE COMPLETED BEFORE STARTING YOUR INDIVIDUAL ONLINE REGISTRATION. LINK WILL BE EMAILED TO YOU AFTER CHAPTER REGISTRATION.

REGISTRATION FOR RALLY IS INCOMPLETE UNTIL YOU HAVE COMPLETED YOUR ONLINE REGISTRATION AND UPLOADED THE ACCOMPANIED FORMS:

- | | |
|------------------------------------------|-------------------------------------------------------|
| 1. YMCA Facility User/Visitor Agreement | 1 for each participant |
| 2. Sponsors Copy of Background screening | 1 for each Adult attending Rally dated within 3 years |
-

Other Forms for your information :

- Qualifications / Responsibilities for Logistics Team, 1st-Timer Buddies & Family Group Leaders (Please provide to qualified YOUers and encourage your YOUers to serve.)

DUE DATES AND REGISTRATION FEES:

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PRINT & COMPLETE THE YMCA FACILITY AGREEMENT TO UPLOAD DURING YOUR ONLINE REGISTRATION



YMCA Camp Tockwogh
FACILITY USER/VISITOR AGREEMENT

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Name _____
Gender: _____ DOB Month: _____ Day _____ Year _____
Address _____
City _____ State _____ Zip Code _____
Home Phone _____ EMAIL _____

IN CASE OF EMERGENCY, PLEASE NOTIFY: Name _____
Phone _____ Relationship to participant _____

I agree to follow all rules and regulations at all YMCA of Delaware facilities including at Camp Tockwogh ("YMCA") while in, upon or about the premises or while using or observing the premises or any facilities or equipment, or participating in any program affiliated with the YMCA of Delaware including Camp Tockwogh, and understand and agree that I may be expelled at any time, with no refund of any monies paid, for failure to abide by such rules and regulations.

IN CONSIDERATION OF BEING PERMITTED TO UTILIZE ALL YMCA OF DELAWARE FACILITIES INCLUDING CAMP TOCKWOGH, SERVICES AND PROGRAMS OF THE YMCA FOR ANY PURPOSE, INCLUDING BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT OR PARTICIPATION IN ANY PROGRAM AFFILIATED WITH THE YMCA of Delaware facilities including Camp Tockwogh, I HEREBY AGREE TO THE FOLLOWING:

1.I UNDERSTAND THAT ACTIVITIES AT YMCA OF DELAWARE FACILITIES INCLUDING CAMP TOCKWOGH OR ELSEWHERE, INCLUDING USE OF EQUIPMENT AND PARTICIPATION IN PROGRAMS, CAN INVOLVE MOVEMENT, STRAIN AND OTHER ELEMENTS THAT CREATE RISK OF SERIOUS INJURY OR DEATH. I HEREBY ASSUME FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE OR LOSS, regardless of severity, that I or my minor child/ward may sustain from my or my minor child/ward's presence in, upon or about the premises or while using or observing the premises or any facilities or equipment, or participating in any program affiliated with the YMCA of Delaware including Camp Tockwogh, except for any injury, damage or loss that is caused solely by the YMCA's gross negligence.

2.I, FOR MYSELF, ANY PERSONAL REPRESENTATIVES, ASSIGNS, HEIRS AND NEXT OF KIN, HEREBY FULLY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the YMCA, its operating centers, their respective officers, directors, Managers, Trustees, members, volunteers, employees, agents or representatives (the "Releasees") and each of them from any and all claims for injuries, damages or losses that I or my minor child/ward may have or which may accrue to me or my minor child/ward from my and/or my minor child/ward's presence in, upon or about the premises or while using or observing the premises or any facilities or equipment, or participating in any program affiliated with the YMCA of Delaware including Camp Tockwogh, except for any injury, damage or loss that is caused solely by the YMCA's gross negligence.

3.I HEREBY AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the YMCA and each of them from any loss, liability, damage or cost they may incur from my or my minor child/ward's presence in, upon or about the premises or while using or observing the premises or any facilities or equipment, or participating in any program affiliated with the YMCA of Delaware including Camp Tockwogh, except for any loss, liability, damage or cost that is caused solely by the YMCA's gross negligence.

I further expressly agree that the foregoing ASSUMPTION OF RISK, RELEASE, AND WAIVER is intended to be as broad and inclusive as is permitted by the law of the State of Maryland and if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

THIS AGREEMENT APPLIES TO ALL PAST, PRESENT AND FUTURE VISITS AND USES BY ME TO ANY YMCA OF DELEWARE FACILITIES INCLUDING CAMP TOCKWOGH OR PROPERTY. I HAVE READ AND VOLUNTARILY SIGNED THIS ASSUMPTION OF RISK, RELEASE, AND WAIVER, and further agree that no oral representations, statements or inducements apart from the foregoing written agreement have been made.

DO NOT SIGN UNTIL YOU HAVE READ THE ABOVE AGREEMENT.
THIS AGREEMENT CONTAINS A WAIVER AND RELEASE.

SIGNATURE _____
(Participant's signature)

DATE _____

SIGNATURE _____
(in the case of a minor only: Parent's or Guardian's signature)

DATE _____

First-Timer Buddies / Logistics Team Members

Qualifications and Responsibilities

Logistics Team and Buddy Qualifications:

- Has attended at least 1 prior Rally and active member of Chapter
- Has shown integrity keeping the Heart Agreement and an understanding of Unity Principles
- Buddy: An open heart and sufficient social skill/maturity to carry out Buddy Responsibilities.
- Logistics Team: Has maturity/ and physical capability to fulfill Logistic Team Responsibilities
- Recommended by Sponsor to serve as a First-Timer Buddy or Logistics Team Member

Buddy Responsibilities

First-Timer Meeting:

A meeting of First-Timers and Buddies will be held at 6:30pm on the Friday of Rally. Arrive on time to attend the meeting. Come to the meeting ready to welcome first-timers and show enthusiasm. There will be get-acquainted activities for Buddies and First-Timers.

During Rally:

1. Help your first-timer in any way you can with the registration and settling in process. (Finding their Cabin / providing any information or help needed.)
2. During Rally, introduce your first-timer to your friends and invite first timers to join you in meals and activities.
3. When you see your first-timer during rally, ask how their experience with Rally is going - What they've enjoyed or struggled with. Share your Rally experience with them.
4. If you see your first-timer sitting or standing alone or looking lost or awkward, go up to them and talk to them. Invite them to join you and your friends.
5. Be to your First-Timer the type of friend you would have appreciated having during your first Rally.

Logistics Team Responsibilities

Logistics Team Meeting

Check In with Adult Logistic Team Leader when you arrive at Rally. Attend any scheduled Team meetings at the beginning of Rally.

During Rally

The logistics team is available to assist the Regie Team and adult logistics leader with any and all logistics including room break down & set up (setting up/taking down tables and moving chairs) room cleanup, distributing supplies whenever needed.

LT members return to Meeting room promptly at the close of activities in the evening to set up room for the next day. Members may be **briefly** delayed returning to cabins in the evening and must have maturity and responsibility to accomplish focused work without delay or dawdling.

LT members may be asked to assist with Talent show set up/ Cleanup and/or Snack setup and cleanup.

At mealtimes, LT Members serve as Role Models by cheerfully assisting with cleanup and encouraging all YOUers to do their share.

LT Members put Team responsibilities and support of the Rally before their own personal Rally experience. (Leaving Fuzzies early if necessary to break down/setup room in the evening, or help with loading supplies into vehicles at the end of Rally)

Thank you for serving and spreading the Love!!!

Family Group Leaders Qualifications and Responsibilities

Qualifications

- Has attended at least 2 Rallies
- Is at least 15 years of age at time of Rally
- Sufficiently articulate to fulfill Family Group Leader Responsibilities
- Has attended past leadership Trainings (Recommended but not required)
- Has demonstrated maturity and understanding of Unity Principles
- Has demonstrated Leadership Qualities in home chapter and/or ministry

Responsibilities

Prior to Rally

Spend time in daily meditation and/or prayer practice prior to coming to Rally

Review all family group materials carefully and thoroughly prior to coming to rally.

Participate in pre-Rally phone conference if requested by YOU Consultant

During Rally

Attend 6:30 Family Group Leader meeting

Be a positive role model for Family Group and entire Rally body

Live and express Unity principles in all words and actions

Be prepared and on time for each Family Group meeting

Listen with an open heart and mind to any feedback from Adult Sponsors in Family Group