

UNITY EASTERN REGION PRESENTS

Uniteens Fall Retreat

STEPPIN' UP



This is a retreat for
Middle School Teens,
Adult Leaders,
Chaperones, Parents
and Ministers

Uniteens must be in
grades 6, 7, 8 or
equivalent with a
minimum age of 11 and
maximum age of 14

FRIDAY NOVEMBER 7-SUNDAY NOVEMBER 9, 2025

Earlybird Registration Opens
September 7, 2025
\$95.00

LOCATION:

Unity of Gaithersburg
111 Central Ave
Gaithersburg, MD 20877

DAILY ACTIVITIES: CONNECTION
SPIRIT GROUPS / TEAM BUILDING
PRAYER & MEDITATION / JOY SONGS
UNITY PRINCIPLES IN ACTION
SPIRITUAL GROWTH / FREETIME
ACTIVITIES



Email Janell Renshaw at youthconsultant@unityeasternregion.org or visit
our website at www.unityeasternregion.org to learn more and to register

REGISTRATION FORMS AND INFORMATION FOR YOUTH AND FAMILY DIRECTORS/ SPONSORS

Unity Worldwide Ministries Eastern Region Uniteen Fall Retreat 2025

November 7-9, 2025

5 PM FRIDAY—NOON SUNDAY

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Uniteens must be in grades 6, 7, 8 or equivalent with a minimum age of 11 and maximum
age of 14

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111 Central Ave
Gaithersburg, MD 20877

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Regular Registration (\$110.00) between September 27 and October 19, 2025

Registration closed at midnight on October 19th, 2025

No registrations or payments can be accepted after October 19, 2025

No refunds available after September 27, 2025

During this retreat your Uniteens will experience:

- A warm & welcoming environment
- Fun & engaging large & small group activities
- Activities relating to mindful decision making
- Prayer, meditation & music
- Unity principles in action
- Spiritual growth & transformation

Details and how to Register available at www.unityeasternregion.org

Registration is online only, by chapter. Chapter registration must be signed and approved by Church minister, Youth and Family Director and attending sponsor. Individual registrations will be refused. After Chapter registration is complete each participant will receive a link to complete their individual registration online. Individual registrations must be completed by participant for registration to be valid.

Contact Janell Renshaw, youthconsultant@unityeasternregion.org or 407-466-9388

INFORMATION ABOUT RETREAT

WHO MAY ATTEND?

Eastern region Uniteens (6th-8th grade or equivalent, minimum age 11, maximum age 14) Ministers, Uniteen leaders, parents and chaperones are all invited to join in a weekend of fellowship, fun, and Spiritual growth! All drivers must be adults. (25 or older)

REGIONAL POLICY: Any church sending male Uniteens will need to send an adult male to accompany him. Any church sending female Uniteens will need to send an adult female to accompany her.

BACKGROUND CHECK POLICY: Regional Policy requires a copy of a National Background Check conducted within the last 3 years be received for each adult prior to attending the Retreat.

WHERE IS THE RETREAT?

YMCA SOUTH MOUNTAIN 13 Jefferson Ave, Maplewood, NJ 07040. Please note that while our group often has the camp to itself, it is also not uncommon to share the camp and dining hall with other youth groups and their adult chaperones.

GENERAL INFORMATION:

- Check-in will be from 5:00 to 6:00 PM Friday. Please arrive during that time period so that your chapter will not miss the important 6:30 pre-Retreat meetings and opening activities at 7:00pm.
- **Friday Dinner is included** - Please arrive by 5:00 pm to participate in dinner.
- ALL PERSONS registering for the retreat are committing to be in attendance for the ENTIRE WEEKEND, arriving at the camp on Friday afternoon and staying through the closing on Sunday.
- Retreat will end at Noon on Sunday.

WHAT TO BRING?

Sleeping Bag, Blankets, Bed Linens, Towel, Washcloth, Toiletries, Comfortable Casual Clothes, Jacket and Raingear, Closed Toe Shoes, Flashlight & Batteries, Sporting Gear (Optional): Basketball, Frisbee, Football, Soccer Ball, Regional Love Offering for Sunday Service and small amount of expense money.

- Please leave Valuables, Skateboards, Squirt Guns, Electronic Games/devices, computers at home.
- Neither the Retreat Leadership, Region or Camp Tockwogh will be responsible for lost or stolen items.

FEES, PAYMENTS AND DUE DATES: Registration is online only, by Chapter. Chapter registration must be signed and approved by the Minister, Youth and Family Director and attending sponsor. Individual registrations will be refused. After Chapter registration is complete each participant will receive a link to complete their individual registration online. Individual registrations must be completed by participant for registration to be valid.

Register by Chapter Online at www.unityeasternregion.org

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QUESTIONS? Janell Renshaw Youth Consultant,
youthconsultant@unityeasternregion.org or 407-466-9388

HOW TO REGISTER YOUR CHAPTER FOR RALLY

ONLINE CHAPTER REGISTRATION ONLY: Register at www.unityeasternregion.org.

The following forms are to be completed and emailed to Janell Renshaw
youthconsultant@unityeasternregion.org after you have completed your online chapter registration.

1. Chapter Registration Form with Authorized signatures 1 Per Chapter (2 page form)
2. Group Heart Agreement and Signatures (This form can be emailed separately if more time is needed to collect signatures)

OTHER FORMS

- Retreat Flyer (Post or provide to all participants.)
- More Information About Retreat (Please provide to all participants)

DUE DATES AND REGISTRATION FEES:

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PLEASE PRINT AND COMPLETE THE NEXT 2 PAGES TO UPLOAD
DURING YOUR ONLINE CHAPTER REGISTRATION AT
www.unityeasternregion.org . YOUR CHAPTER REGISTRATION IS
INCOMPLETE WITHOUT THESE FORMS.

CHAPTER REGISTRATION FORM (page 1)

Youth & Family Directors/Sponsors: Please complete page 1 & 2, and email them to Janell Renshaw youthconsultant@unityeasternregion.org after registering your chapter online at www.unityeasternregion.org

Chapter & Location: _____

Registration Contact:

Please provide a contact person who can be contacted for questions about your chapter's forms, fees

Name _____ Email _____
Please print legibly
Phone _____ Cell Phone _____

Information Contact: Please provide a contact person who can be contacted for any last minute information that may need to be imparted to your chapter immediately prior to Retreat.

Name _____ Email _____
Please print legibly
Phone _____ Cell Phone _____

Emergency Contact During Rally Please provide a contact person in your Ministry who your attending sponsor or the region may contact in the event of an emergency during Retreat. Emergency contact must be willing and available to receive calls during the Rally weekend.

Name _____ Cell Phone _____

CHAPTER REGISTRATION FORM (page 2)

ADULTS: List all adults attending Retreat Names (Print or Type)	T-Shirt Size S-XXL

List all Uniteens attending Retreat Names (Print or Type)	T-Shirt Size S-XXL

Ministry / Sponsor Approval: I certify that these attendees meet the eligibility requirements to attend this event. They demonstrate understanding and adherence to Uniteen Group/Adult Heart Agreements, and are approved by our ministry to participate in this event.

**Signature of Minister
or Authorized Staff** _____

Print Name _____

Title _____

Date: _____

Signature of YFM Director _____ Print Name _____

Signature of Sponsor _____ Print Name _____

GROUP HEART AGREEMENTS

1. I will represent my highest self, and respect others at Rally including Adults and Camp Staff. I will create through my words and actions a loving, sacred and harassment-free atmosphere.
2. I will attend and remain at all scheduled activities at the designated times. I will give my loving support, cooperation and attention to all speakers and leaders, and facilitators.
3. I will remain within the boundaries assigned to me at the campgrounds at all times. I will obey all rules set by Camp Tockwogh
4. I will take part in Retreat with a clear mind and heart. I will abstain from the use of alcohol, tobacco and non-prescription illegal drugs during Rally and enroute to and from Rally.
5. I will maintain an attitude of friendship to everyone attending the event. I will respect personal boundaries and will not participate in sexual energies or behavior or any unwanted physical contact at or en route to and from the event.
6. I will stay out of the cabins and cabin areas of the opposite sex.
7. I will leave at home any articles that would interfere with the purest retreat experience such as skateboards, water pistols, roller blades or electronic game systems.
8. I will use electronic devices such as iPods, and Cell Phones only at times designated by the leadership team. I will use only electronic music devices that have headphones and not speakers. I will not allow my use of these items to disturb others.
9. I will only wear clothing that is modest and respectful of myself and others.
10. During group meditations, I will practice centering. I will do nothing to distract others from their time of prayer and meditation.
11. I will honor lights-out and quiet time and cooperate fully with my cabin and room sponsors.
12. I agree to do my part to make this weekend a special and unique experience for myself and everybody at the Retreat. I am enthusiastic about this Retreat and I will have FUN!!!

HEART AGREEMENTS CONTINUED:

By my signature below I agree to uphold all Heart Agreements. My signature also indicates
(Read and check each statement)

___ I understand these agreements are necessary for the group's highest experience and I accept the responsibility to follow these agreements during Retreat.

___ I understand my willingness and ability to uphold these agreements are required to participate in Uniteen activities.

___ I understand that if I choose not to uphold these agreements during an event, my participation at this and future Uniteen activities may be restricted, with event related fees forfeited, and I can be sent home early at my or my parents' expense.

Uniteens (Print or Type)	SIGNATURE

By my signature below I attest that

___ I have fully discussed these group heart agreements with the above Uniteens and his/her parents or guardian

___ I have made the parents of this Uniteen aware that failure to comply with the heart agreements can result in the Uniteen being sent home at parents' expense.

___ I approve these Uniteens to represent this Chapter at the Eastern Region Retreat.

Sponsor's Signature _____ Date ____/____/____

Sponsor's: Please email this completed form once you have had your group heart agreements discussion