

UNITY EASTERN REGION PRESENTS

SPIRIT Quest



UNITEEN
SPRING RETREAT 2026

May 15-17, 2026

This is a retreat for Middle
School Teens, Adult
Leaders, Chaperones,
Parents and Ministers

Uniteens must be in
grades 6, 7, 8 or equivalent
with a minimum age of 11
and maximum age of 14

Earlybird Registration Opens
March 15, 2026
\$215.00

LOCATION:

South Mountain YMCA
201 Cushion Peak Road
Reinholds, PA 17569

DAILY ACTIVITIES: CONNECTION
SPIRIT GROUPS / TEAM BUILDING
PRAYER & MEDITATION / JOY SONGS
UNITY PRINCIPLES IN ACTION
SPIRITUAL GROWTH / FREETIME
ACTIVITIES



Email Janell Renshaw at youthconsultant@unityeasternregion.org or visit our website at www.unityeasternregion.org to learn more and to register

REGISTRATION FORMS AND INFORMATION FOR YOUTH AND FAMILY DIRECTORS/ SPONSORS

Unity Worldwide Ministries Eastern Region Uniteen Spring Retreat 2026

May 15-17, 2026
5 PM FRIDAY—NOON SUNDAY

This is a retreat for Middle School Teens, Adult Leaders, Chaperones, Parents and Ministers
Uniteens must be in grades 6, 7, 8 or equivalent with a minimum age of 11 and maximum
age of 14

South Mountain YMCA
201 Cushion Peak Road
Reinholds, PA 17569

Earlybird Registration opens March 15th, 2026 (\$215.00). Due by March 31st
Late Registration (\$245.00) between April 1st and April 30th
Registration closed at midnight on April 30th
No registrations or payments can be accepted after April 30th
No refunds available after April 30th

During this retreat your Uniteens will experience:

- A warm & welcoming environment
- Fun & engaging large & small group activities
- Activities relating to mindful decision making
- Prayer, meditation & music
- Unity principles in action
- Spiritual growth & transformation
- Ceremonial “Rites of Passage” for 8th Grade Graduates

Details and how to Register available at www.unityeasternregion.org

Registration is online only, by chapter. Chapter registration must be signed and approved by Church minister, Youth and Family Director and attending sponsor. Individual registrations will be refused. After Chapter registration is complete each participant will receive a link to complete their individual registration online. Individual registrations must be completed by participant for registration to be valid.

Contact Janell Renshaw, youthconsultant@unityeasternregion.org or 407-466-9388

INFORMATION ABOUT RETREAT

WHO MAY ATTEND?

Eastern region Uniteens (6th-8th grade or equivalent, minimum age 11, maximum age 14) Ministers, Uniteen leaders, parents and chaperones are all invited to join in a weekend of fellowship, fun, and Spiritual growth! All drivers must be adults. (25 or older)

REGIONAL POLICY: Any church sending male Uniteens will need to send an adult male to accompany him. Any church sending female Uniteens will need to send an adult female to accompany her.

BACKGROUND CHECK POLICY: Regional Policy requires a copy of a National Background Check conducted within the last 3 years be received for each adult prior to attending the Retreat.

WHERE IS THE RETREAT?

South Mountain YMCA, 201 Cushion Peak Road, Reinholds, PA 17569. Please note that while our group often has the camp to itself, it is also not uncommon to share the camp and dining hall with other youth groups and their adult chaperones.

GENERAL INFORMATION:

- Check-in will be from 5:00 to 6:00 PM Friday. Please arrive during that time period so that your chapter will not miss the important 6:30 pre-Retreat meetings and opening activities at 7:00pm.
- **Friday Dinner is included** - Please arrive by 5:00 pm to participate in dinner.
- ALL PERSONS registering for the retreat are committing to be in attendance for the ENTIRE WEEKEND, arriving at the camp on Friday afternoon and staying through the closing on Sunday.
- Retreat will end at Noon on Sunday.

WHAT TO BRING?

Sleeping Bag, Blankets, Bed Linens, Towel, Washcloth, Toiletries, Comfortable Casual Clothes, Jacket and Raingear, Closed Toe Shoes, Flashlight & Batteries, Sporting Gear (Optional): Basketball, Frisbee, Football, Soccer Ball, Regional Love Offering for Sunday Service and small amount of expense money.

- Please leave Valuables, Skateboards, Squirt Guns, Electronic Games/devices, computers at home.
- Neither the Retreat Leadership, Region or Camp Tockwogh will be responsible for lost or stolen items.

FEES, PAYMENTS AND DUE DATES: Registration is online only, by Chapter. Chapter registration must be signed and approved by the Minister, Youth and Family Director and attending sponsor. Individual registrations will be refused. After Chapter registration is complete each participant will receive a link to complete their individual registration online. Individual registrations must be completed by participant for registration to be valid.

Register by Chapter Online at www.unityeasternregion.org

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QUESTIONS? Janell Renshaw Youth Consultant,
youthconsultant@unityeasternregion.org or 407-466-9388

HOW TO REGISTER YOUR CHAPTER FOR RALLY

ONLINE CHAPTER REGISTRATION ONLY: Register at www.unityeasternregion.org.

The following forms are to be completed and emailed to Janell Renshaw youthconsultant@unityeasternregion.org after you have completed your online chapter registration.

1. Chapter Registration Form with Authorized signatures 1 Per Chapter (2 page form)
2. Group Heart Agreement and Signatures (This form can be emailed separately if more time is needed to collect signatures)

OTHER FORMS

- Retreat Flyer (Post or provide to all participants.)
- More Information About Retreat (Please provide to all participants)

DUE DATES AND REGISTRATION FEES:

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Late Registration (\$245.00) between April 1st and April 30th
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PLEASE PRINT AND COMPLETE THE NEXT 2 PAGES TO UPLOAD
DURING YOUR ONLINE CHAPTER REGISTRATION AT
www.unityeasternregion.org . YOUR CHAPTER REGISTRATION IS
INCOMPLETE WITHOUT THESE FORMS.

CHAPTER REGISTRATION FORM (page 1)

Youth & Family Directors/Sponsors: Please complete page 1 & 2, and email them to Janell Renshaw youthconsultant@unityeasternregion.org after registering your chapter online at www.unityeasternregion.org

Chapter & Location: _____

Registration Contact:

Please provide a contact person who can be contacted for questions about your chapter's forms, fees

Name _____ Email _____

Please print legibly

Phone _____ Cell Phone _____

Information Contact: Please provide a contact person who can be contacted for any last minute information that may need to be imparted to your chapter immediately prior to Retreat.

Name _____ Email _____

Please print legibly

Phone _____ Cell Phone _____

Emergency Contact During Rally Please provide a contact person in your Ministry who your attending sponsor or the region may contact in the event of an emergency during Retreat. Emergency contact must be willing and available to receive calls during the Rally weekend.

Name _____ Cell Phone _____

Friday Dinner at Tockwogh*

How many of your chapter attendees will be having the optional Friday dinner? _____

Ceremonial "Rites of Passage" 8th GRADE GRADUATES GRADUATES

Total number of graduates from your chapter attending Spring Retreat _____

Please list all your graduates below. Certificates are provided to all graduates whether attending retreat or not.

_____	_____
_____	_____
_____	_____

GROUP HEART AGREEMENTS

1. I will represent my highest self, and respect others at Retreat including Adults and Camp Staff. I will create through my words and actions a loving, sacred and harassment-free atmosphere.
2. I will attend and remain at all scheduled activities at the designated times. I will give my loving support, cooperation and attention to all speakers and leaders, and facilitators.
3. I will remain within the boundaries assigned to me at the campgrounds at all times. I will obey all rules set by Camp Tockwogh
4. I will take part in Retreat with a clear mind and heart. I will abstain from the use of alcohol, tobacco and non-prescription illegal drugs during Retreat and enroute to and from Rally.
5. I will maintain an attitude of friendship to everyone attending the event. I will respect personal boundaries and will not participate in sexual energies or behavior or any unwanted physical contact at or en route to and from the event.
6. I will stay out of the cabins and cabin areas of the opposite sex.
7. I will leave at home any articles that would interfere with the purest retreat experience such as skateboards, water pistols, roller blades or electronic game systems.
8. I will use electronic devices such as iPods, and Cell Phones only at times designated by the leadership team. I will use only electronic music devices that have headphones and not speakers. I will not allow my use of these items to disturb others.
9. I will only wear clothing that is modest and respectful of myself and others.
10. During group meditations, I will practice centering. I will do nothing to distract others from their time of prayer and meditation.
11. I will honor lights-out and quiet time and cooperate fully with my cabin and room sponsors.
12. I agree to do my part to make this weekend a special and unique experience for myself and everybody at the Retreat. I am enthusiastic about this Retreat and I will have FUN!!!

