

REGISTRATION FORMS AND INFORMATION FOR PARTICIPANTS

UNITY EASTERN REGION
FALL YOUTH RETREAT 2026

Let Go, Let Love.

RELEASE WHAT HOLDS YOU BACK.

Your story isn't finished.

Left Side (Negative Emotions): OVERTHINKING, WORRY, COMPARISON, FEAR, PERFECTIONISM, PEER PRESSURE, INSECURITY, ANGER, REGRET, GUILT, SHAME, LONELINESS, STRESS, EXPECTATIONS, BITTERNESS, SELF-DOUBT.

Right Side (Positive Qualities): HOPE, JOY, PEACE, LOVE, FAITH, PURPOSE, KINDNESS, COURAGE, BELONGING, TRUST, COMPASSION, ACCEPTANCE, GRATITUDE, STRENGTH.

Bottom Section:

NOVEMBER 6-8, 2026
📍 **UNITY RENAISSANCE**
1120 Eden Way N, Chesapeake, VA 23320

 MEDITATION Center your soul	 FRIENDS Build community	 MUSIC Feel the joy	 SERVICE Make an impact	 FUN Make memories	 INSPIRATION Live your truth
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♥ All Youth. All Paths. One Unity. ♥

Unity Worldwide Ministries Eastern Region Presents YOU Fall Youth Retreat 2026



November 6-8, 2026

5 PM FRIDAY-12 PM SUNDAY

For high school & middle school age teens, YOU sponsors, parents, chaperones, and Ministers

Unity Renaissance

1120 Eden Way N, Chesapeake, VA 23320

- **Early Bird Registration opens August 30 to September 20, 2026 \$105.00**
- **Regular Registration September 21st October 11th \$115.00**
- **Registration closes October 11, 2026**
- **No registrations or payments can be accepted after October 11th, 2026**
- **No refunds after September 20th, 2026**

During this retreat, participants will experience:

- **A welcoming environment of love and acceptance**
- **Spiritual growth & transformation**
- **Fun & engaging large & small group activities**
- **Prayer, meditation, campfire vespers & silent Godwalk**
- **All activities led by teens including "Truth Talk" Lessons**
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Chapter Registration available at www.unityeasternregion.org

Registration is online only, by chapter. Chapter registration must be signed and approved by the Minister, Youth and Family Director, and attending sponsor. Individual registrations will be refused. After Chapter registration is complete, each participant will receive a link to complete their individual registration online. Individual registrations must be completed by the participant for registration to be valid.

Contact Janell Renshaw, youthconsultant@unityeasternregion.org or 407-466-9388

INFORMATION ABOUT The Youth Retreat

WHO MAY ATTEND?

Eastern region YOU'ers, Uniteens, sponsors, ministers, teachers, youth ed directors, parents and chaperones are all invited to join in a weekend of fellowship, fun, and Spiritual growth. YOUers must be in grades 9,10,11 or 12 or equivalent, with a minimum age of 14 and a maximum age of 19; or, if not in high school, a maximum age of 18. Uniteens must be in grades 7 or 8 with a minimum age of 11-14. All youth must be accompanied to retreat by a ministry-approved adult 25 years or older of the same gender as the teen(s). Any exceptions must be approved by the Regional Consultant.

All Adults attending must submit a copy of a national background screen within last 3 years with their registration if it has not been previously provided.

WHERE IS THE Youth Retreat?

Unity Renaissance
1120 Eden Way N, Chesapeake, VA 23320

GENERAL INFORMATION:

- Check-in will be from 5:00 to 6:00 PM Friday. Please arrive during that time period so that your chapter will not miss the important 6:30 pre-Rally meetings and opening activities at 7:00pm.
- **Friday Dinner is included** - Please arrive by 5:00 pm to participate in dinner.
- ALL PERSONS registering for the Youth Retreat are committing to be in attendance for the ENTIRE WEEKEND, arriving at the ministry on Friday afternoon and staying through the closing on Sunday.
- The Youth Retreat will end at about Noon on Sunday.

WHAT TO BRING?

Bedding, Sleeping Bag, Blankets, Bed Linens, Towel, Washcloth, Toiletries, Comfortable Casual Clothes, Jacket and Raingear, Closed Toe Shoes, Flashlight & Batteries, Sporting Gear (Optional): Basketball, Frisbee, Football, Soccer Ball, Regional Love Offering for Sunday Service and small amount of expense money.

- Please leave Valuables, Skateboards, Squirt Guns, Electronic Games/devices, computers at home.
- Neither the Rally Leadership, Region or Camp Tockwogh will be responsible for lost or stolen items.

FEES, PAYMENTS AND DUE DATES: Registration is online only, by Chapter. Chapter registration must be signed and approved by Minister, Youth and Family Director and attending sponsor. Individual registrations will be refused. After Chapter registration is complete each participant will receive a link to complete their individual registration online. Individual registrations must be completed by participant for registration to be valid.

Register by Chapter Online at www.unityeasternregion.org

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QUESTIONS? Janell Renshaw Youth Consultant youthconsultant@unityeasternregion.org

YOU'ERS & SPONSOR REGISTRATION FORMS

STEP 1

THE FOLLOWING FORMS ARE TO BE COMPLETED BEFORE STARTING YOUR INDIVIDUAL ONLINE REGISTRATION. LINK WILL BE EMAILED TO YOU AFTER CHAPTER REGISTRATION.

REGISTRATION FOR THE YOUTH RETREAT IS INCOMPLETE UNTIL YOU HAVE COMPLETED YOUR ONLINE REGISTRATION AND UPLOADED THE ACCOMPANIED FORMS:

1. Sponsors' Copy of Background Screening for each Adult attending Rally dated within 3 years
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Other Forms for your information :

- Qualifications / Responsibilities for Logistics Team, 1st-Timer Buddies & Family Group Leaders (Please provide to qualified YOUers and encourage your YOUers to serve.)

DUE DATES AND REGISTRATION FEES:

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First-Timer Buddies / Logistics Team Members

Qualifications and Responsibilities

Logistics Team and Buddy Qualifications:

- Has attended at least 1 prior Retreat and active member of Chapter
- Has shown integrity keeping the Heart Agreement and an understanding of Unity Principles
- Buddy: An open heart and sufficient social skill/maturity to carry out Buddy Responsibilities.
- Logistics Team: Has maturity/ and physical capability to fulfill Logistic Team Responsibilities
- Recommended by Sponsor to serve as a First-Timer Buddy or Logistics Team Member

Buddy Responsibilities

First-Timer Meeting:

A meeting of First-Timers and Buddies will be held at 6:30pm on the Friday of Rally. Arrive on time to attend the meeting. Come to the meeting ready to welcome first-timers and show enthusiasm. There will be get-acquainted activities for Buddies and First-Timers.

During Rally:

1. Help your first-timer in any way you can with the registration and settling in process. (Finding their Cabin / providing any information or help needed.)
2. During Rally, introduce your first-timer to your friends and invite first timers to join you in meals and activities.
3. When you see your first-timer during rally, ask how their experience with Rally is going - What they've enjoyed or struggled with. Share your Rally experience with them.
4. If you see your first-timer sitting or standing alone or looking lost or awkward, go up to them and talk to them. Invite them to join you and your friends.
5. Be to your First-Timer the type of friend you would have appreciated having during your first Rally.

Logistics Team Responsibilities

Logistics Team Meeting

Check In with Adult Logistic Team Leader when you arrive at Rally. Attend any scheduled Team meetings at the beginning of Rally.

During Retreat

The logistics team is available to assist the Regie Team and adult logistics leader with any and all logistics including room break down & set up (setting up/taking down tables and moving chairs) room cleanup, distributing supplies whenever needed.

LT members return to Meeting room promptly at the close of activities in the evening to set up room for the next day. Members may be **briefly** delayed returning to cabins in the evening and must have maturity and responsibility to accomplish focused work without delay or dawdling.

LT members may be asked to assist with Talent show set up/ Cleanup and/or Snack setup and cleanup.

At mealtimes, LT Members serve as Role Models by cheerfully assisting with cleanup and encouraging all YOUers to do their share.

LT Members put Team responsibilities and support of the Rally before their own personal Rally experience. (Leaving Fuzzies early if necessary to break down/setup room in the evening, or help with loading supplies into vehicles at the end of Rally)

Thank you for serving and spreading the Love!!!

Family Group Leaders Qualifications and Responsibilities

Qualifications

- Has attended at least 2 Rallies or retreats
- Is at least 15 years of age at time of the event
- Sufficiently articulate to fulfill Family Group Leader Responsibilities
- Has attended past leadership Trainings (Recommended but not required)
- Has demonstrated maturity and understanding of Unity Principles
- Has demonstrated Leadership Qualities in home chapter and/or ministry

Responsibilities

Prior to the Retreat

Spend time in daily meditation and/or prayer practice prior to coming to Rally
Review all family group materials carefully and thoroughly prior to coming to rally.
Participate in pre-Rally phone conference if requested by YOU Consultant

During Retreat

Attend 6:30 Family Group Leader meeting
Be a positive role model for Family Group and entire Retreat participants
Live and express Unity principles in all words and actions
Be prepared and on time for each Family Group meeting
Listen with an open heart and mind to any feedback from Adult Sponsors in Family Group