

KATHERINE MCQUAY LEWIS

Bethesda, MD | (301) 922-2958 | kmlcoach@yahoo.com

FACILITATOR | TRAINER | PUBLIC SPEAKER | WRITER

Engaging and dynamic facilitator with a proven ability to connect with audiences, build strong relationships, and lead impactful discussions. Accomplished speaker, trainer, and coach with extensive experience in **community engagement, personal development, and fostering connection**. Passionate about creating **engaging environments** that inspire collaboration and personal growth. Highly skilled **writer** with expertise in **speech writing, editorial content, and strategic messaging**. Skilled in **connecting, empowering** and **inspiring**.

CORE COMPETENCIES

- Facilitator and Trainer
 - Dynamic Public Speaker
 - Program and Workshop Development
 - Personal Coaching
 - Speechwriting and Editorial Content
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PROFESSIONAL EXPERIENCE

FACILITATOR | SPEAKER | TRAINER

Various Organizations

- Design and lead workshops on a variety of topics, including personal development, communication, building resilience and overcoming challenges.
- Guest speaker at conferences, community events, and training programs, engaging audiences from 10-300+ participants.
- Facilitate a monthly discussion group called "Tell Me More," where participants build connection with each other and learn more about themselves, in the process.
- Serve as a parent group facilitator for Arlington County (VA) for a seven-week course on strengthening relationships between parents and children.
- Serve as a group facilitator for "Healing Circles Global."
- Serve as a facilitator for "The Real Roots," a nationwide company fostering friendships between women.
- Develop and facilitate interactive programs for law enforcement and community leaders to strengthen trust and cooperation.
- Created and delivered an eight-week course for incarcerated individuals in detention centers focusing on behavioral change and interpersonal skills.
- Lead off-site strategy and team-building sessions for executive teams, driving alignment and actionable outcomes.

SENIOR COMMUNICATIONS ADVISOR

Department of Justice, Washington, DC

- Served as a lead facilitator for discussions on law enforcement and community relations.
- Developed and delivered high-profile presentations for national conferences and senior government officials.
- Managed relationships with law enforcement, federal agencies, and stakeholder groups to drive meaningful change.
- Crafted compelling written materials, including speeches, articles, press releases, and policy documents, shaping key messages on criminal justice and public safety for senior DOJ officials.
- Managed media relations and coordinated messaging for major public events and crisis communications.

COACH

- Certified coach supporting individuals pursuing personal growth, navigating transitions, and changing non-productive behavior.
- Lead corporate and nonprofit training sessions on effective communication, workplace culture, and professional fulfillment.
- Design and facilitate engaging sessions for organizations such as the Combined Federal Campaign and Unity of Washington, DC.

EDUCATION & CERTIFICATIONS

- **Certified Coach**, The Newfield Network
- **Certificate in Training & Development**, Georgetown University
- **MA, Writing**, Johns Hopkins University
- **BA, Mass Communications**, Towson State University