

Juanita M. Johnson

Licensed Unity Teacher

Certified Meditation Instructor

Health & Wholeness Coach

Strategic Planning Consultant

Juanita M. Johnson is a Licensed Unity Teacher (LUT) based in Washington, DC. Juanita has been a LUT since 2022, and a member of Unity of Washington, D.C. (UWDC), since 1999, where she is currently serving as an adult education facilitator, meditation facilitator, and communications and operations specialist. At the Unity Eastern Region and Unity Worldwide Ministries she has served in the selection of board members and LUT credentialing and mentoring. In addition, Juanita has more than 40 years' business expertise in finance, policy, project management, and workshop facilitation for national and international financial organizations and the federal government. Through her company, Johnson Scott, LLC established in 2007, she provides universal strategic planning services to strengthen an organization's core business practices, and holistic *Health & Wholeness Coaching* for individuals. Juanita is a Certified Meditation Instructor, and a practitioner of various meditation practices including Transcendental Meditation®, Mindfulness Meditation, Yoga, Tai Chi, and Qi.

CONTACT INFORMATION:

- Office Location: 1317 Juniper Street, NW Washington, DC 20012 • Office Phone: 202.297.8153
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EDUCATION:

- B.A. Political Science and Communication Arts, Howard University, Washington, DC
- Graduate coursework in Finance and Economics, Kogod School of Business, American University, Washington, DC
- Licensed Unity Teacher, Unity Worldwide Spiritual Institute, Lee's Summit, MO
- Lean Six Sigma Certification, Fannie Mae, Washington, DC
- Certified Meditation Instructor specializing in The Science of Mind-Body Practices, The Mindfulness Center, Rockville, MD

RESEARCH INTERESTS:

Research emphasis in areas of self-care, spiritual health, and wholeness practices, engaging the Next Generation of Unity (NGU), community service, world religions, and neuroscience

SPECIALTIES:

Healing and Wholeness, Meditation, Communication, Project Management and Finance.

ACADEMIC COURSES/WORKSHOPS/ BOOK STUDIES FACILITATION

- Self-Care SPD 115, S.E.E. Course SPD 115, Unity of Gaithersburg 2024 and 2025 SEE Week
- The Twelve Powers, S.E.E. Course HTS 125, UWDC 2025
- Conversation Skills, S.E.E. Course SPD 112, UWDC 2024

- Meditation Practices, S.E.E. Course SPD 105, UWDC 2023
- Healing & Wholeness, S.E.E. Course HTS 135, Unity of Gaithersburg 2023 SEE Week
- Mindfulness Meditation Workshops, UWDC 2024, 2025
- *A Course in Weight Loss*, by Marianne Williamson, Johnson Scott, LLC 2023, 2025
- *Myrtle Fillmore's Healing Letters*, Compiled by Frances W. Foulks, UWDC 2022
- *Finding Yourself in Transition – Using Life's Changes for Spiritual Awakening* by Robert Brumet, UWDC 2022
- *Christian Healing* by Charles Fillmore, UWDC 2022
- *A Hidden Wholeness – The Journey Toward An Undivided Life*, by Parker J. Palmer, Unity of Central Minnesota 2021

PROFESSIONAL DEVELOPMENT:

Continuously pursuing activities to enhance personal and professional life through increased knowledge, skills, expertise, and certifications related to my academic and professional responsibilities and evolving research interests (e.g., self-care, community service). Activities include, but are not limited to spiritual practices, classes, workshops, conferences, travel, community service, and professional meetings.

CONFERENCES ATTENDED:

- Unity Eastern Regional Conferences
- Unity Canada Conference
- Unity Worldwide Ministries Annual Summits
- People of African Descent New Thought Conference (PADNT)

SEMINARS AND WORKSHOPS ATTENDED:

- Peace on Earth by 2030
- Various UWM and PADNT conference workshops
- UWM Ethics and Diversity workshops
- UWM and UER Tech conferences and workshops
- Transcendental Meditation Advanced Studies, Transcendental Meditation.org
- The Power of Awareness, The Awareness Training Institute, University of California Berkeley
- Consciousness Applied, Maharishi International University (MIU)
- Consciousness A New Paradigm, MIU
- Introduction to Maharishi Ayur Veda, MIU
- Various management and leadership development finance, commercial real estate and capital markets courses offered by accredited universities and organizations.

REPRESENTATIVE RESEARCH AND PROJECTS:

- Projects developed as a LUT (2022 – present), UWDC Washington, DC
 - Developed and implemented the Online Greeters Team in 2022, whose responsibility is to enhance UWDC's live streaming experience by facilitating and monitoring conversations associated with feelings of spiritual community engagement, trust, and safety using the social media platform chat feature.

- Developed the Meditation in Motion program to provide a venue for in-person and virtual group physical activities that incorporate spirituality and physical activity to create life balance and healing of the mind, body, and spirit. The project is pending implementation.
- Projects developed and implemented as a Finance Specialist (2006 – 2023) Washington, DC
 - Federal Deposit Insurance Corporation
 - Researched, drafted, and presented a study on the impact of financial market derivatives on large financial institution failures.
 - Developed and implemented a Cross Divisional Facilitated Discussion to identify, evaluate, and implement a framework to validate information and underlying data contained in systemic financial institution resolution plans.
 - On a quarterly basis, developed and presented workshops, webinars, and training for internal and external partners.
 - Fannie Mae:
 - Member of the Sarbanes-Oxley and Restructure Team responsible for restating the corporation's financial statements for four years (2001- 2004) and developing credible resolution strategies and operational plans.
 - Co-led cross functional team efforts to design and implement universal transaction review procedures that resulted in consistent analysis, conclusions, and reporting.

COMMUNITY & PROFESSIONAL SERVICE:

- Unity of Washington, DC
 - Facilitator for virtual adult education courses, workshops, and book studies (2021 – present)
 - Developed, implemented and co-leader for a team of Online Greeters for live streamed services (2022 – present)
 - Meditation Ministry facilitator for weekly virtual meditation service and monthly Silent Unity Service (2024 – present)
 - Finance Committee member responsible for reviewing UWDC's monthly financial statements prepared by church administration before the statements are submitted to the Board of Trustees (2003 – 2009, 2021 – present)
 - COVID Church Re-Opening Committee member responsible for drafting the *UWDC Reopening Plan* in collaboration with UWDC's Lay Leaders (2020 – 2022)
 - Member of the Board of Trustees and Board Treasurer (2005 – 2008)
 - Public Relations and Publicity Chairperson for UWDC's 95th and 100th Anniversary Committees (2016 and 2020 – 2021 respectively)
 - Youth Ministry teacher during Sunday services (1999 – 2004)
- Pro Bono Service
 - *Health & Wholeness Coach* for young Black male PTSD victims of law enforcement abuse, Washington, DC (2015 – present)
 - Mentor for Howard University, and inner-city high school students seeking careers in commercial real estate, Commercial Real Estate Women of Washington, DC (2015 – 2020)
 - Banking Literacy Course Facilitator, Junior Achievement of Washington, DC (1985 – 1988)