

Dr. Roxanne Daleo

helping you navigate what is up ahead



Roxanne Daleo, Ph.D. has her specialized training in stress management and relaxation techniques from Harvard Medical School. Her expertise is based on over 20 years of extensive experience with chronic and terminally ill, meeting the emotional needs of children and adults at both Boston Children's Hospital and Dartmouth-Hitchcock Medical Center. She is well aware of the challenges families face on a daily basis. She has worked as clinician, instructor and consultant in a wide variety of health care educational and spiritual settings. In addition, she pioneered the use of mind/body healing techniques with expressive arts therapy which prove to be a powerful combination for self-insight and self-repair. Since 2008, she has been a resource, teaching Unity principles using the creative arts. Dr. Daleo is best known for her audio recordings of children's meditations using guided imagery relaxation techniques. She is warm, yet confident with quick intelligence, eager to assist you with your needs.

Dr. Roxanne offers you:

- < **Unity Creative Resources for**
- < **Body, Mind & Spirit**
- < **Conscious Parenting Coaching**
- < **Staff Development Workshops**
- < **Stress Reduction & Relaxation**

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